

Woerden, December 2025

Dear SilverFit Rephagia client,

Today you will receive the 2025 software update for the SilverFit Rephagia. In this letter, we explain the improvements we have made based on your feedback.

## 1. Support card for connecting electrodes and sensors

For those who use the SilverFit Rephagia on a daily basis, connecting the sensors and electrodes is usually very straightforward. However, for users who work with the system less frequently, this can be more challenging and sometimes even a reason not to use the system at all.

We think that this is a shame, so for this update we have created a physical card to support this. This card shows step by step how to properly connect the sensors to the laptop and how to apply the electrode sticker(s).



We recommend storing this card together with the sensors in the laptop bag, so it is always available as a handy reminder. A digital version is available upon request.

## 2. Additional information for target value (high) and target value (low)

During training sessions and demonstrations, we are often asked what exactly should be set for the target values. The high target value is usually easy to explain, as it represents the goal of the exercise or is required in the game. The low target value is often less clear, because its function is not immediately clear. In many cases, it has a role that is specific to a particular game or graph and can be adjusted, for example when a client has frequent (involuntary) muscle contractions. For this update, we have added additional information fields to the settings menus of all exercises, explaining what each target value does and when you might want to adjust it.



### **3. Clearer results after timing exercises**

We have improved the results screen shown after completing a timing exercise. On the summary tab, you can now immediately see which repetitions were correctly timed and which were not, based on the displayed colours. This makes it easier to discuss the results, as both the therapist and the client get a clear and immediate overview of how the exercise went.

### **4. Improved security of client data**

Privacy regulations are becoming increasingly important. The SilverFit Rephagia stores information, and for many organizations (and clients) it is essential that this data is handled as securely as possible. For this update, we have therefore implemented additional database security measures to prevent unauthorized access to stored client data. Security is continuously being improved, and this update also includes enhancements in this area. You will not notice any changes in the day-to-day use of the SilverFit Rephagia.

### **5. Updated training videos**

We have updated several training videos that explain how to use the system. For example for colleagues who are not yet familiar with the system. You can find the videos in the software under 'manual'.

### **6. Windows updates**

The computers on which the SilverFit Rephagia software is installed run on Windows, often Windows 10. Microsoft is discontinuing support for Windows 10, which means no further updates will be released. This may pose a security risk to the computer. Fortunately, this risk is limited because the Rephagia software is not connected to the internet.

Not all computers can be upgraded to Windows 11. Please consult your IT department to determine whether this is required for your SilverFit Rephagia. Our support department can then discuss the available options with you.

### **Suggestions or ideas?**

We are always interested in hearing about your experiences with the SilverFit Rephagia. Do you have any suggestions, ideas, or questions about the software update? Please contact us at [info@silverfit.nl](mailto:info@silverfit.nl) or call (+31) 348 769 110.

Kind regards,

Team SilverFit